

HUMBER HAPPENINGS

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A COMMUNITY PUBLICATION BY THE HUMBER BAY SHORES CONDOMINIUM ASSOCIATION

FALL/WINTER 2025

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Season at the
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COMMUNITY MATTERS

2025 AUTUMN UPDATE



BY JIM REEKIE, HBSCA PRESIDENT



As we wrap up another year in the Humber Bay Shores community, I'm pleased to share some of the highlights from our busy year.

Our annual **Farmers' Market** marked its 13th year — where has the time gone? The market continues to grow, and we are always looking for new vendors who would be a great fit for our community. This year, we had a record number of community members attend the market.

Our **Annual Clean-ups** are always looking for more volunteers to help keep our community tidy. We want to thank the Toronto Waste team for picking up the bags of garbage and other items collected during the day. Thanks also to the organizers and volunteers for their hard work.

Humber Bay Park East — The partial park reopening is scheduled for later this fall. The boardwalk is complete and ready for public use. The pavilion has been delayed, but the park will be open regardless. Invasive species remediation is ongoing (Phragmites/Burdock). The pavilion is phase 2, scheduled for completion in 2027–2028.

Jade Park — The park has been approved. The city is ready to mobilize, funding is in place, and they need confirmation that a water line/irrigation system is installed. Parking garage deficiencies have been addressed.

There are expected delays with construction on the old **Christie's site**. The current economy has slowed condo sales, but we will keep you updated.

We continue working with Toronto Bylaw on enforcement of **fireworks and fires** along the shoreline.

Our association is stepping up enforcement on **noisy cars and motorcycles** in the area, as well as on illegally parked vehicles.

Our members have been working alongside the steering committee for the new **Business Improvement Area**, assisting with upcoming events for next year.

Watercraft around Humber Bay Shores — Over the summer, there were many illegal jet ski operators launching their boats in the Humber Bay area. This is a



Photo: Can Pac Swire/Flickr/Creative Commons

significant issue along the waterfront, from Bluffer's Park to Marie Curie Park. The city is developing a plan to establish exclusion zones, and we would like to see 50–75 meters from the shoreline designated in our community. This would make it safer for paddle boards, canoes, and kayaks.

Traffic — Work will soon begin on the ramp from Park Lawn to the west Gardiner, which will be closed from November to March 2026. We recognize the significant impact these projects have on traffic patterns. Allow yourself extra time when leaving home. The bridge work will improve traffic flow for years to come — just be patient. HH

UPDATE ON PARK LAWN GO STATION

The proposed Park Lawn GO Station on the Lakeshore West Line has been put on hold indefinitely by the developer responsible for delivering the project to our community. Construction has not begun, and there is currently no revised timeline or commitment from either Metrolinx or the private developer for the project to move forward.

The station was a key selling point for commuters traveling to downtown and the west end, promising to ease traffic and transit congestion. Its absence will place additional pressure on the existing transit system.

The Park Lawn Lakeshore area is

experiencing significant residential growth, making the station an essential part of supporting increased density. The delay will further strain local roads and transit routes, creating longer-term challenges for the community.

Any property acquisitions or development plans in this corridor that relied on the station's increased accessibility should be re-evaluated in light of this delay.

We will be formally reaching out to the city councillor's office and Metrolinx to gain clarity on the next steps. We remain committed to keeping our community informed about this important issue.

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FALL/WINTER 2025

VOLUME 29, ISSUE 3

ABOUT HBSCA: The Humber Bay Shores Condominium Association (HBSCA) was established and incorporated in 1997. HBSCA is a volunteer-based, not-for-profit corporation representing the interests of condominium corporations and their residents in the Humber Bay Shores community.

WHAT WE DO: We supply representation of the community to all levels of government for the enactment, amendment, or repeal of legislation dealing with, but not limited to, all aspects of condominium ownership, real estate development, and usage of real property in the area. In addition to the above we conduct research and provide awareness and education to our community on issues related to ownership, development, management, financing, and promotion of real estate property in the area.

MISSION STATEMENT: Provide strong leadership for the development, preservation and beautification of the vibrant, valued, sustainable condominium community in which we live, work, and play.

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ADVERTISING

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Have ideas to share, feedback or wish to volunteer?
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BUILDING A STRONGER WATERFRONT COMMUNITY: THE HUMBER BAY SHORES BIA INITIATIVE

BY LUIGI PRESTA

Humber Bay Shores has become one of Toronto's most vibrant waterfront neighbourhoods — a place where people can live, work, and enjoy the lakefront. As the area grows, residents and business owners see the value in coming together to make our community even better.

The idea to create the Humber Bay Shores Business Improvement Area (BIA) came from a shared goal: to support local businesses, improve our public spaces, and plan for smart, sustainable growth. The Humber Bay Shores Condominium Association (HBSCA), led by Jim Reekie, helped spark these discussions and build a bridge between residents and businesses.

MISSION AND PURPOSE

The BIA will include about 300 businesses and property owners — such as shops, restaurants, services, and other commercial and residential properties that help drive the local economy.

The proposed BIA's mission is simple — to help local businesses succeed and make Humber Bay Shores an attractive, welcoming place for everyone.

By promoting local shops, improving streets and parks, and organizing community events, the BIA will help position our neighbourhood as a lively and unique destination along Toronto's waterfront.

LONG-TERM VISION

Our vision is to make Humber Bay Shores a thriving, inclusive community where businesses grow, residents feel connected, and visitors feel welcome. Through collaboration, transparency, and shared leadership, the BIA will help keep Humber Bay Shores one of Toronto's most desirable places to live and visit.

FUNDING AND PARTICIPATION

The BIA will be funded mainly through a special levy collected from local commercial properties. These funds will go directly toward community projects like beautification, events, markets, and infrastructure improvements.

We'll also explore partnerships, sponsorships, and government grants to expand what we can achieve together.

Business owners and property representatives can get involved by attending meetings, joining committees, filling out surveys, and voting on key initiatives. Regular updates and consultations will ensure the process remains open and inclusive.

PROGRESS SO FAR

The project is well underway. A steering committee of seven members was formed in early 2025. In March, Councillor Amber Morley's office joined the effort, adding City support and guidance.

With help from the City's Economic Development Office, the committee outlined proposed boundaries and created a Rationale Document to explain why a BIA would benefit the area. An information pamphlet is being distributed to business and property owners in the area to gather input and raise awareness.

At a public meeting in August 2025 at VOS Restaurante Argentino, attendees voted 86 per cent in favour of continuing the process. The next step — an official poll — will take place this fall, followed by a City Council review.

LOOKING AHEAD

If the vote passes, Humber Bay Shores will officially become one of Toronto's newest, and most scenic, Business Improvement Areas.

Humber Bay Shores BIA Steering Committee

Luigi Presta

Lume Kitchen and Lounge

Mary Ciuffo

Humber Bay Shores Condominium Association

Kareem Ali

Shoppers Drug Mart

Nicolas D'Agate

Vos Restaurante Argentino

Ravi Gurdita

Royal Lepage Terrequity Realty

Shahab Khatounabadi

Pharmasave

Dr. Shala Lakhani

Humber Bay Eyecare

Ned Sabev

City of Toronto

Coun. Amber Morley

City of Toronto

The next steps will include forming a board of directors, hiring staff, and developing a strategic plan. Early priorities will focus on branding, beautification, and events that draw visitors and support local businesses.

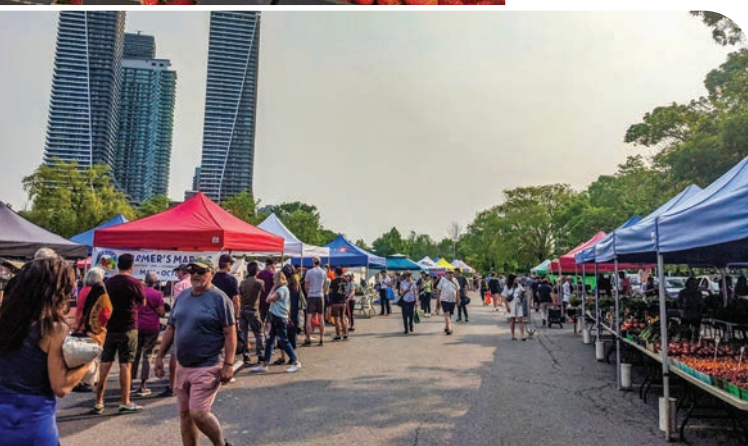
Some ideas include seasonal festivals, art and music showcases, local markets, and neighbourhood cleanup or safety days — all designed to strengthen community pride and celebrate our unique waterfront identity. 

Luigi Presta is committee chair of the proposed Humber Bay Shores BIA and owner of Lume Kitchen and Lounge.



GOOD FOOD, GOOD NEIGHBOURS, GREAT SEASON!

BY ZACHARIE WEINGARTEN



On a crisp fall morning in early October, the Humber Bay Shores Farmers' Market wrapped its 13th season. Running every Saturday from the end of May, the market is not just a place to stock up on groceries for the week but an opportunity to meet neighbours, enjoy live music, and experience the vibrancy of Ontario's farm-fresh products and artisan foods.

From sunny June weekends to breezy September mornings, the parking lot at Humber Bay Park West came alive with colour, music, and community spirit. Shoppers browsed tables piled high with local produce, sipped coffee, and filled their baskets with small-batch honey, preserves, and fresh bread. Each week, market regulars lined up for long-time favourites such as Nourished Routes, Soul Bread, Granola Girls, Sun Ray Orchards, and Grandpa Ken's, among many others.

Stand-out newcomers included Cachito from Mexico with their unique Mexican street food offerings. Visitors who arrived early enough enjoyed Go Bananas' frosty banana puddings before they inevitably sold out. Baker's Kitchen also sent many market-goers home with fresh baked goods and hearty meals, making weekend suppers a little easier. Shoppers also discovered new favourites at stalls featuring handmade sauces, specialty teas, and locally roasted coffee, each adding fresh flavour to the market mix.

Beyond the delicious food, the market fostered connection. Local musicians created a joyful soundtrack while children played nearby and families picnicked on the grassy hill overlooking the creek. Many visitors lingered long after shopping, simply soaking in the friendly, small-town atmosphere by the lake.

Special thanks go to our volunteers who kept the market running smoothly throughout the season, and to all who came out to support local food and community. We are already hard at work planning for next year. Expect your favourite vendors to return, joined by new ones. See you next May at the Humber Bay Shores Farmers' Market! 

Zacharie Weingarten has been an organizer with the farmers' market for ten years. You can reach him at zweingarten@gmail.com

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BORN RED, DIE RED

BY **BRAD JONES**

I don't want to die grey. Grey hair, sure — I already have flecks of silver in my beard and in my hair. But grey skin? No thanks. I want to keep colour in my cheeks right up to the end.

Ralph Waldo Emerson once wrote that the average person is born red and dies grey. I've always loved that image. When a baby takes its first breath, its whole body flushes with oxygen. Sometimes the doctor has to give it a little slap on the backside, and suddenly it's crying, pink and red and full of life. That's what I think of when I say I want to "die red." I want that sense of vigour, curiosity and excitement to be with me at my last breath.

STAYING CURIOUS

For me, "living red" isn't about thrill-seeking; it's about staying curious. The big questions in life aren't "What's the meaning of life?" but "What am I going to do today? What's my next adventure?" It might be a road trip with my

wife Jody, watching our kids' basketball games, or simply taking a walk through Colonel Samuel Smith Park and talking to the birders about the cardinals and colourful little birds they've spotted.

I'm not a birder myself — I can barely identify anything beyond a cardinal — but I love their passion. Even a quick conversation with them when they're packing up teaches me something. Those are little adventures. They don't have to be huge. Sometimes living red is as simple as sitting on a bench and listening to the conversations around you.

LESSONS FROM MY WORK

I'm a funeral director, which means I spend a lot of time listening to stories about lives that have ended. Every eulogy is a window into someone's world. Some I've known from the community; some I haven't. But again and again I'm reminded that everyone is interesting if you're a curious cat.

Those stories fuel my own commitment to living fully. They remind me that memories aren't just something we look back on — they're something we're still making.

LITTLE ADVENTURES, BIG JOY

Years ago, I helped organize the "Southern Etobicoke Voyage," a tour that took residents around New Toronto, Long Branch, Alderwood and Mimico. We ended the day at The Blue Goose Tavern with lunch and a beer. Part of the project was encouraging people to write down their own histories, because I believe every kid would love to know a little bit more about the history of their parents.

RED TO THE END

I know the future may hold challenges. I may need to be cared for at the end of my life. But there are still adventures to be had — learning a new language, reading something new, expanding my

horizon. My hope is that when my kids are around my bed, I'll still have a red hue to my cheeks.

I don't want my wife to have to bury a spouse — I've seen how hard that is — but if I go first, I hope it's after a life full of colour. And if I'm lucky enough to outlive her by a day, I'll take my last breath still curious, still alive, still red.

A SIMPLE PHILOSOPHY

"Get busy living or get busy dying." I quote *The Shawshank Redemption* all the time. For me, "living red" is simply about presence and curiosity. Whether it's watching the Raptors clinch a championship, paddling through Algonquin Park with my family, or striking up a conversation with a stranger, I want to keep creating those moments.

That's how I want to live my life: always looking for the next adventure, always learning something new. Born red. Die red. 



Brad Jones is president of locally-owned, commission-free Ridley Funeral Home (3080 Lakeshore Boulevard) in Etobicoke. He has a passion for meaningful rituals, long conversations, and the kind of quiet that makes you think. Brad can be reached at 416-259-3705 or by emailing Bradjones@ridleyfuneralhome.com. Please know that every individual, every family is welcome to gather and grieve at our funeral home.



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HONOURING THE TOMB OF THE UNKNOWN SOLDIER

FROM THE DESK OF JAMES MALONEY, MP



Photo: Veterans Affairs Canada

The year 2025 marks 25 years since Canada's Unknown Soldier was laid to rest at the National War Memorial in Ottawa.

The Commonwealth War Graves Commission is responsible for the care of graves and memorials of the Commonwealth forces members who died in the First and Second World Wars. Our Unknown Soldier was selected from Cabaret Rouge British Cemetery in the vicinity of Vimy Ridge, the site of a famous Canadian battle of the First World War where all four Canadian divisions fought together as a combined force. The Unknown Soldier was one of 1,603 unknown Canadians buried in that area.

According to the Royal Canadian Legion, more than 18,000 of the over 66,000 Canadians killed in the First World War were never identified. Our Unknown Soldier, now resting in Ottawa, represents all of them and the 27,000 who remain unidentified from the Second World War, 16 from Korea and undetermined others from the Boer War and other conflicts.

On May 23, 2000, a Canadian Forces aircraft flew to France to bring the Unknown Soldier home. On board was a delegation consisting of a Canadian Forces contingent including a 45-person

guard, a bearer party, a chaplain, veterans, civilians and Canadian youth.

Two days later, on May 25, at a ceremony at the Canadian National Vimy Memorial, the Commonwealth War Graves Commission turned over the remains to Canada and the journey home began. That night, back home, the casket was placed in the Hall of Honour in Centre Block on Parliament Hill and laid in state for three days, until the morning of May 28, so that Canadians could view the casket and pay their respects.

In the afternoon of May 28, the Unknown Soldier was transported from Parliament Hill to the National War Memorial on a horse-drawn gun carriage provided by the Royal Canadian Mounted Police. The funeral cortege included Their Excellencies Governor General Adrienne Clarkson and John Ralston Saul, Prime Minister Jean Chrétien, veterans, Canadian Forces personnel and members of the Royal Canadian Mounted Police. Over 20,000 Canadians attended the ceremony in person. It was also aired on national television.

The Unknown Soldier was laid to rest in a specially designed sarcophagus directly in front of the National War Memorial.

The tomb consists of a granite sarcophagus enclosing the casket. A bronze

relief sculpture is secured to the top with stainless steel pins. The four corner pieces of the sarcophagus also have bronze relief work.

It is patterned after the stone altar of the Canadian National Vimy Memorial and includes a medieval sword, a First World War helmet and branches of maple and laurel leaves. The laurel leaves symbolize both victory and death. Four bronze corner pieces containing symbolic mementos of mourning enhance the sculpture. The severe Ottawa climate, as well as the bronze and stone makeup of the National War Memorial, led to the decision to produce the relief work in bronze and not in stone.

Three of the corner pieces are decorated with large replicas of the Memorial Cross. First instituted in 1919, the cross is presented to the families of those who gave their lives while serving Canada in war or on peacekeeping missions. The three crosses are slightly different. Each bears the royal cypher of one of the successive monarchs since its inception (George V, George VI, and Elizabeth II). On the fourth corner piece there is a replica of a poppy, representing those who may fall in future conflicts. The curved shape of the corner pieces echoes the curve of the top of the National War Memorial.

The Tomb of the Unknown Soldier stands as a powerful tribute to those who served, to those who gave their lives, and those who continue to serve. We will honour them always.

Lest We Forget. 

(Thanks to the Royal Canadian Legion and Veterans Affairs Canada for the details.)

James Maloney is the Member of Parliament for Etobicoke-Lakeshore and has been a resident in the constituency for over 43 years. Prior to becoming an MP, Mr. Maloney served on city council for Ward 5 and practiced law full time. CONTACT INFO: Ph. 416-251-5510 E-mail: james.maloney@parl.gc.ca

James MALONEY

Member of Parliament *for* Etobicoke-Lakeshore

GEMs Winners 2025!

Each year I run the GEMs Awards, now in their 22nd year. Residents nominate favourite businesses and service organizations that go above and beyond in making our community special. All nominees are GEMs, but our 2025 winners stood out. Congratulations!



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James MALONEY

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MYTH BUSTING EYE HEALTH WITH YOUR LOCAL OPTOMETRISTS

AN INTERVIEW WITH DR. JUSTINE FUNG O.D. AND DR. DAYA DHALIWAL O.D. AT LAKEVIEW VISION

From traditional newspapers to social media, information is everywhere and it's getting difficult to separate fact from fiction. Eye health is no exception. Misinformation about eyesight has been floating around for generations and many of them still persist today.

We thought it would be fun to sit down with the eye care experts at Lakeview Vision to get their opinion on some of the most common eye-related myths. Let's get myth busting!



Let's start with a classic — are carrots actually the key to great vision?

Dr. Fung: This one gets a half-truth from me. Carrots are rich in beta-carotene, which your body converts into Vitamin A. Vitamin A is a nutrient that is important for maintaining healthy vision. However, if you're already eating a balanced diet, you're likely getting enough vitamin A and eating more carrots won't magically improve your eyesight. That said, I fully support any myth that gets my kids to eat their vegetables!

I once heard that a contact lens can slip behind your eye and get stuck. Any truth?

Dr. Dhaliwal: Nope! That's 100% false. It's anatomically impossible. The inside of your eyelid is connected to your eye by a thin membrane called the conjunctiva, which acts like a barrier. A contact lens might shift off-centre, but it can't go far and is easily repositioned.

What's an eye myth that you hear all the time?

Dr. Fung: Many patients worry that wearing glasses will make their eyes "lazy." That's not how it works. Glasses are simply a tool to help you see more clearly. Not wearing the correct prescription can actually make your eyes work harder, causing eyestrain and discomfort. What I tell patients is that once they start wearing glasses, they often notice how uncomfortable it was before. That just means we got the prescription right!

Dr. Dhaliwal: I've had patients ask whether certain eye exercises they found online can improve their vision and eliminate the need for glasses or contacts. Unfortunately, there are no proven exercises that can change a refractive error like nearsightedness or farsightedness. However, there are exercises that can help with focusing issues, eye alignment, and eye muscle coordination.

Last burning question. Is the blue light from screens damaging our eyes?

Dr. Dhaliwal: This is a hot topic! The concern stems from the fact that sunlight contains blue light, and long-term exposure to high levels of UV and blue light has been linked to conditions like cataracts and macular degeneration. Devices like phones and computers also emit blue light but in much smaller amounts.

While current research hasn't conclusively shown that screen-based blue light causes permanent eye damage, there is evidence it contributes to digital eye strain. So for people who spend hours in front of screens (which is most of us), it's something to be mindful of.

Dr. Fung: Exactly. There's also a sleep connection to consider. Blue light can disrupt your circadian rhythm by suppressing melatonin, which is what helps you fall asleep. That's why we recommend limiting screen time before bed or using blue light filters at night. A good sleep is crucial for your overall health.

While some eye myths are harmless, others can lead people to delay treatment or avoid care altogether. The best way to protect your vision? Stick with facts, schedule regular eye exams, and don't be afraid to ask your optometrist questions. 

Dr. Justine Fung, O.D., and Dr. Daya Dhaliwal, O.D., provide comprehensive eye care at Lakeview Vision 128 Marine Parade Drive, Toronto, Ontario, M8V 0G7, and can be reached at 647-799-6008. For more information visit lakeviewvision.com.



KINGSWAY COLLEGE SCHOOL WELCOMES NEW HEAD OF SCHOOL



Garth Nichols takes the helm with a focus on innovation, community, and student-centred learning

There's fresh energy at Kingsway College School (KCS) this year as the community welcomes Mr. Garth Nichols as the new Head of School. With more than 15 years of leadership experience at some of Canada's top independent schools, Garth brings vision, warmth, and a passion for helping students thrive.

For Garth, education is about far more than grades. "This isn't my school," he says. "It belongs to the students, families, faculty, and alumni who bring it to life every day. My role is to steward it for future generations."

Most recently Vice-Principal of Experiential Education and Innovation at Havergal College, Garth is also the co-founder of Cohort 21, a professional learning network that has supported more than 500 educators across Ontario. With a Master of Education in Curriculum, Teaching and Learning, he is recognized as a visionary leader across Canada's independent school community.

At KCS, what excites Garth most is the school's commitment to knowing every child as an individual and giving students opportunities to learn by doing. From outdoor classrooms and service learning in the Junior School, to entrepreneurial ventures, the student-run café, and the innovative Path Program at the Senior School, hands-on learning is woven into every student's journey.

The KCS Senior School, located on the lakeshore, looks and feels unlike a traditional high school. With open-concept spaces, collaborative hubs, and even a rooftop terrace, the campus is designed for creativity and innovation. Students regularly step out into the community for real-world learning, whether testing water samples from Lake Ontario, rowing with the Argonaut Rowing Club, or exploring Toronto's cultural landmarks.

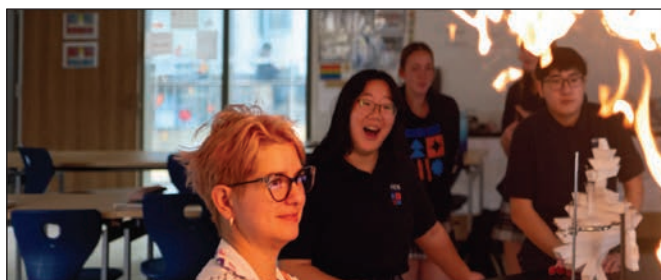
Also joining the leadership team this year is Ms. Laura Sardone, the new Assistant Head of Senior School. Laura brings more than a decade of teaching and instructional leadership experience from

St. Clement's School, along with a deep commitment to student well-being, faculty support, and innovative teaching practices.

Together, Garth and Laura bring a renewed focus on community, innovation, and student-centred learning. The KCS community is excited for the year ahead and the possibilities this new chapter will bring.

Interested in experiencing KCS firsthand? We're hosting a number of open houses at both our Junior and Senior School campuses, and we warmly invite families to register and join us. Come see the energy, spirit, and learning in action at KCS. 

Anyone wishing to learn more about KCS Senior School is encouraged to visit our web-pages and sign-up to attend an upcoming Open House. Lisa Holmes, Director of Admissions, can be reached at lhomes@kcs.on.ca. We invite residents and business owners in the exceptional HBS community to come visit us. kcs.on.ca • kcs.on.ca/senior-school





Sign up for a Senior School Open House today at kcs.on.ca.

Kingsway College School is accepting applications for JK - Grade 12 for 2026-2027.

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QUEEN'S PARK REPORT

BY LEE FAIRCLOUGH | MPP

This summer marked my first as your MPP for Etobicoke-Lakeshore and it has been a sincere pleasure to meet local businesses, organizations and constituents at events and festivals. Although I have lived in the riding for more than 25 years, I continue to learn more about the impressive talent, care and commitment of fellow residents. I extend my heartfelt thanks to the people of Etobicoke—Lakeshore for welcoming me with such enthusiasm. I appreciated the opportunity to meet with the Humber Bay Shores Condominium Association this summer and look forward to meeting many of you at future events.

Here are some of the local issues of concern I have been hearing about over the past few months:

WATERCRAFT ON HUMBER BAY

This summer, my office received emails about unlicensed boat tour operators and jet ski businesses at Humber Bay Shores. My staff contacted relevant agencies and learned that Ports Toronto's jurisdiction ends just east of Humber Bay Shores. However, the Toronto Marine Unit and by-law enforcement officers do have some jurisdiction. We will work with various agencies to assist on the matter where possible. Furthermore, at Toronto City Council a proposal was put forward to assess a motorized watercraft exclusion zone in the area.

MIMICO GO

Mimico GO station is one of very few stations not yet accessible to all under the Accessibility for Ontarians with Disabilities Act (AODA).

Lack of accessibility impacts residents with mobility challenges but also those with strollers. I supported a petition to advance construction timelines and spoke on this issue in the Legislature. The government must formally respond to the petition within 24 sitting days of my filing. I am in communication with Metrolinx to ensure progress on this project.

DEVELOPMENT AT THE FORMER MR. CHRISTIE SITE INCLUDING PARK LAWN GO

Improving transit in your neighbourhood is a priority for you and therefore, a priority for me. In an update, Metrolinx stated that the station is planned in partnership with Lakeshore Developments Inc. It added, "Metrolinx was informed by the developer that they are pausing work as they review their development plans." This new station is a critical infrastructure improvement that will improve transit for thousands in the neighbourhood. I will continue to advocate on your behalf.

WHAT IS HAPPENING AT QUEEN'S PARK?

The legislature resumed October 20th, and I am eager to return to crafting public policy and advancing issues that

matter to you. Given recent government actions, I anticipate education funding and the affordability crisis will be the focus of many debates. I have also strongly advocated to protect our hospitals. I am deeply concerned that the premier will attempt to take control of hospitals as he has with school boards. As the Ontario Liberal caucus lead for hospital, mental health, addictions, homelessness, I will advocate in these areas and my co-sponsored Private Members Bill 28 — Homelessness Ends with Housing Act, 2025 — a 10-year plan to end homelessness. 



As Queen's Park is a fast-paced environment with new issues emerging daily, I encourage you to stay connected with me on social media (@leefairclough.el) or subscribing to my monthly digital newsletter at leefaircloughmpp.ca. If you wish to speak with me, please contact my office at 1136 The Queensway, 416-259-2249 or leefairclough.mpp.co@liberal.ola.org. We look forward to hearing from you.



LEE FAIRCLOUGH

MEMBER OF PROVINCIAL PARLIAMENT FOR ETOBICOKE-LAKESHORE

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As your Member of Provincial Parliament, I am pleased to offer scrolls, greetings, certificates of appreciation, letter of congratulations and other recognition for retirements and awards, upon request.

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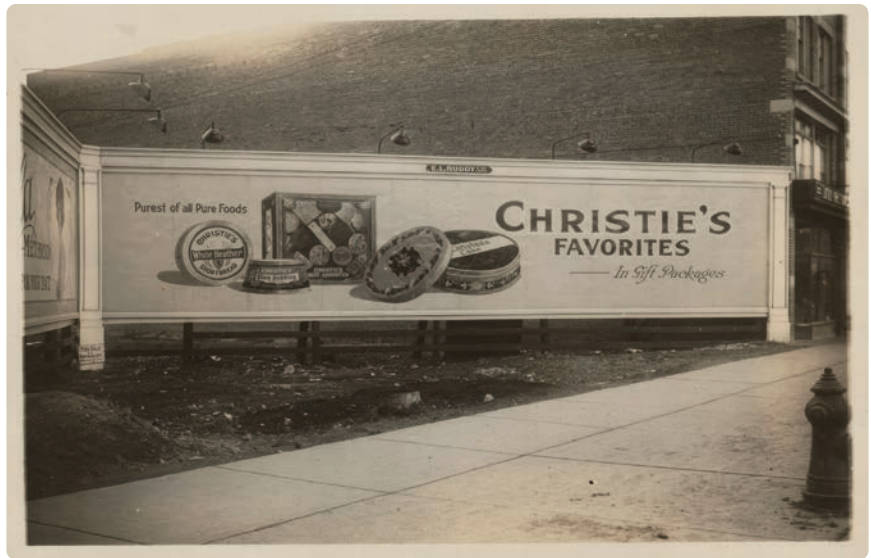
BY LOUISE MAHOOD

Born in 1829 in Huntly, Scotland, William Mellis Christie set out at the age of 19 for Toronto as a fully trained baker. Initially a worker in a bakery, by the age of 27, he bought out his business partner to purchase a bakery on Yonge Street.

Working with his father-in-law, James McMullen, they created a 6-man operation, where Christie produced 4,300 biscuits a year. As a side note, we often refer to biscuits as crackers today. Christie's made both biscuits and cookies. The business grew, and by 1872, they had moved to a six-story bakery at Adelaide and Frederick in downtown Toronto. [Present-day George Brown College] and expansion to Montreal. It made Christie Cookies one of the largest operations in Canada, producing 400 varieties of cakes, biscuits, and cookies.

Christie, a determined, successful baker and a savvy businessman, entered his biscuits into the Toronto Agricultural Association of Upper Canada, winning prizes for his biscuits. [Today known as the CNE] Christie, in turn had packaging show the prizes won for his various products. Both Christie and his associates helped him amass a huge fortune over his lifetime.

His success meant he would move in elite social and political circles, including close friend Premier Oliver Mowat. Christie, with others, started the Industrial Exhibition Association [Present day CNE], sat on Toronto's Board of Trade, and was a trustee for the University of Toronto. While his son Robert Jaffrey



Christie ran the business, Christie enjoyed a quiet life in his Queen's Park home with travels across Canada, United States, Britain, and Europe. At his death in 1900, the Christie Biscuits business was valued in today's dollar at \$12.5 million.

His son Robert, managed the business until he sold Christie's Bakery in 1928 to Nabisco Brands Limited. Even under the Nabisco management, they kept the banner: "Mr. Christie You Make Good Cookies".

Postwar growth in Etobicoke welcomed Nabisco's expansion of the Christie cookie production at Park Lawn and the QEW. As the winds blew off Lake Ontario, the area residents enjoyed the smell of the bakery, or if blowing south, the waste management nearby! The defining water tower marked travellers on the QEW rushing in and out of the city. In this 27-acre facility, they made everything from world-famous Oreo, Dad's, Peak Frean, Girl Guide cookies,

and Ritz Crackers. At the Park Lawn site, Christie's encouraged families to work at this plant. Announcing the closing in 2013, upset many employees. Joe Rizzo's dad worked there for 41 years, his mother 37, and himself many years. Fifth-generation employee at Christies, Kim Blackburn, cried for two days. Her great-grandfather, grandfather, aunts, and uncles all worked at Christie. It was in their blood.

All that Mondelez Canada admitted it was a business decision; they did admit concern about condo development. Mr. Christie's cookies brought to Etobicoke long term employment and delightful food items for our enjoyment. What remains are memories and the water tower that is planned to remain. .HH

This article originally appeared in The Aldernews, a monthly publication for members of the Etobicoke Historical Society. Learn more at etobicokehistorical.com

SAFE, SOCIAL, AND FULL OF LIFE: AUDREY'S PERFECT RETIREMENT BLEND



When you choose to make Delmanor Prince Edward your home, there's no blueprint for how you should live your life. We provide a safe, welcoming space with state-of-the-art amenities and engaging activities — but how you enjoy them is entirely up to you.

Current resident at Delmanor Prince Edward, Audrey, is the perfect example of someone living life on her own terms. A former executive secretary, Audrey is vivacious, energetic, and always on the move, embracing every day to the fullest.

THE BEST ASPECTS OF DELMANOR

For Audrey, the first word that comes to mind when she thinks of Delmanor Prince Edward is safety. Feeling secure is incredibly important to her, and she's proud to call this community her home.

She also loves the atmosphere — “It's like living in a luxury hotel,” she says, describing the elegant lobby, dining room, and natural setting along the Humber River, surrounded by trees.

A FULL LIFE INSIDE AND OUTSIDE DELMANOR

Audrey takes full advantage of Delmanor's

vibrant social calendar, joining in fitness classes, food and community meetings, trivia nights, and the book club. Sometimes, she simply enjoys sitting by the fireside, chatting with friends.

Her days are just as full beyond our doors. Audrey takes ballroom and line dancing classes, belongs to the Probus Club (a social network for retirees with clubs, trips, and events across Canada), and regularly meets friends for breakfast or lunch. She enjoys long walks by the Humber River or the waterfront and often treats herself to a hair or nail appointment.

Looking ahead, she plans to join an art or calligraphy class at a local community centre this fall.

A TYPICAL WEEK FOR AUDREY

- Breakfast in the dining room, catching up with friends instead of staying in her suite.
- Tuesdays: Fitness class at 10:15, lunch to-go for her 12:30 line dancing class.
- Wednesdays: Lunch with friends.
- Walks by the river or waterfront (weather permitting).
- Hair and nail appointments for a little self-care.

FREEDOM AND SAFETY – THE PERFECT COMBINATION

For Audrey, Delmanor offers both the safety she values and the freedom to stay active in all the ways she chooses. She keeps her pre-move friendships alive while building new ones, filling her days with the things that make her happiest.

Audrey is just one of many residents thriving at Delmanor — each writing their own unique story.

When you're ready to explore retirement living, Delmanor Prince Edward, a full-service retirement community in Etobicoke, would be delighted to welcome you. Join us for a Lunch & Tour and experience the Delmanor difference! HH

For more information, visit www.DelmanorPrinceEdward.com or email us at ask@delmanor.com. Across the GTA, Delmanor offers an inspired retirement lifestyle with great locations, stunning amenities, choice of suite styles, first-class services and hand-picked staff. Discover the Delmanor difference. Call 416-233-0725 and join Delmanor Prince Edward for lunch and a tour.



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FALLING FOR NATURE

SUSTAINABLE LIVING BY THE WATER

BY TANIA SEMPER | SUSTAINABLE LIFESTYLE EXPERT

As the golden hues of autumn sweep across Humber Bay Shores, nature gently reminds us that slowing down isn't indulgent—it's essential. Living by the lake has its own rhythm; the waves seem to whisper, "breathe, reset, reconnect." But as the days shorten and that crisp lake breeze settles in, it's time to shift from balcony season to cozy, conscious living—without ever compromising on style, of course.

BRING THE OUTDOORS IN

Your home should feel like an extension of the shoreline—serene, alive, and naturally inspired. Think air-purifying plants like snake plants, pothos, or peace lilies—green companions that thrive when the sunlight fades. Layer in earthy textures: linen bedding, chunky knits, jute rugs, and soft wool throws. The goal? Create a space that feels like a warm embrace from nature herself.

LET THERE BE (VITAMIN D) LIGHT

Humber Bay's waterfront views are breathtaking, but let's be real—come November, the lack of sunlight can dim even the brightest spirits. Invest in a full-spectrum light lamp or sip your morning tea beside the window to soak in those golden rays of Vitamin D. Better yet, bundle up and catch a sunrise walk along the waterfront trails—you'll return with rosy cheeks, a calm mind, and a glow that no serum can replicate.

CONNECT WITH THE ELEMENTS

Water is your neighbour—so let it teach you flow. Whether it's a steam session at One Health Club, a Sunday stroll along Marine Parade Drive, or simply standing still to watch the ripples dance, reconnecting with nature is the quickest route to calm. Bring that serenity indoors with a mini fountain, a Himalayan salt lamp, or a diffuser filled with pine, citrus, or eucalyptus essential

oils. It's an instant energy cleanse for your space and your spirit.

Humber Bay Shores isn't just a neighbourhood—it's a thriving ecosystem of creativity, wellness, and connection. As we move into the cooler months, let's take cues from nature herself: shed what no longer serves, root into stillness, and prepare to bloom again come spring. 



Follow @taniasemper for more lifestyle tips.

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As a top-rated dentist in Brampton, Dr. Manny has served the GTA community for over 12 years, earning a reputation for his calm and knowledgeable approach. His expertise encompasses a wide range of services, including dental implants, crowns, bridges, and smile design, ensuring comprehensive care for patients.

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HUMBER BAY SHORES GOLF TOURNAMENT BRINGS COMMUNITY TOGETHER

BY JIM REEKIE

It was a perfect September day on the greens as 76 golfers teed off at this year's Humber Bay Shore Golf Tournament. With the sun shining and spirits high, residents and local businesses came together for a fun-filled day of friendly competition, laughter, and community connection.

This annual event is one of the highlights of the Humber Bay Shores calendar, designed to bring neighbours closer together. Our golf event is all about building community and helping neighbours get to know each other—just like our Farmers' Market, Waterfront Festival, and community cleanups.

Of the 76 participants, 50 were residents from Humber Bay Shores, joined by

several corporate teams and local business representatives. The turnout reflected the community's growing enthusiasm for local events that blend recreation with relationship building.

Players competed in several prize categories, including the champions' prize, men's and ladies' longest drive, and men's and ladies' closest to the pin.

This year's prize winners were:

- Closest to the Pin (Ladies): Tiana Dudka
- Longest Drive (Ladies): Kelly O'Brien
- Longest Drive (Men's): Justin Worby
- Closest to the Pin (Men's): Stefan Scola

Winners celebrated not only their skill on the course but also the shared camaraderie that makes Humber Bay Shores such a vibrant place to live.

The event wouldn't have been possible without the generous support of local sponsors, including Eden Trattoria, Firkin on the Bay, Humber Bay Optical, Great Lakes Brewery, Velouté Bistro at The Pier, Lume Kitchen and Lounge, Hole in One Special Golf Series, Longo's, Lakeview Facilities, and TOK. Their contributions helped make the day memorable for everyone involved.

With another successful tournament in the books, we are already looking ahead to 2026.

The Humber Bay Shores Golf Tournament continues to be a shining example of community spirit, proving that a little friendly competition can go a long way in bringing neighbours together. HH





STAY ON TRACK WITH YOUR NEW YEAR'S FITNESS GOALS

By **Jonathan Coelho & Alejandra Jannuzzi**, proud Humber Bay Shores residents and franchisees of Orangetheory Fitness Park Lawn



Every January, we set big intentions: to get fit, feel better, and build new habits that last. But once the early-year motivation fades, it can feel harder to stay consistent. The truth is, fitness success isn't about perfection, it's about structure, support, and showing up even when it's cold outside.

At Orangetheory Fitness Park Lawn, we believe in a different approach to New Year's resolutions. It's not about going all-in for a few weeks, it's about finding a rhythm that fits your life and keeps you coming back.

START SMALL AND BUILD MOMENTUM

You don't need to change everything overnight. Begin with two or three workouts a week and let consistency do the heavy lifting. Every session you complete makes the next one easier. Our members often say the hardest part is walking through the door, the rest takes care of itself.

MORE PERSONALIZED. LESS PRESSURE.

You don't need to be fit to get started. Just show up and we've got you. With expert coaching and OTconnect™ technology, every workout adjusts to your fitness level and your goals. Whether you're easing in after a break or pushing toward a new personal best, our coaches meet you with encouragement and support, not pressure.

At Orangetheory Fitness, your effort is measured in real time, so you'll always know exactly how hard you're working, and how much stronger you're becoming. It's a workout that meets you where you are, and grows with you as you progress.

FOCUS ON PROGRESS, NOT PERFECTION

Numbers on a scale don't tell the full story. Notice how your energy improves, your sleep deepens, and your confidence

grows. Celebrate the milestones; your first class, your first month of consistency, or your rooth class. There are no small victories, each one matters.

BUILD IN ACCOUNTABILITY

Motivation comes and goes, but accountability keeps you moving. Book classes ahead, partner with a friend or spouse, or join a community that cheers you on. Our Park Lawn members often say the friendly faces, supportive coaches and team members make it easy to stay consistent, even on those dark drab winter mornings.



SURROUND YOURSELF WITH THE RIGHT ENERGY

Your environment shapes your habits. Choose a space that lifts you up, not

weighs you down. From the moment you step into our Humber Bay Shores studio, you'll feel the energy, the music, the community, and a team who cares. You'll leave every class feeling better than when you walked in.

KEEP THE MOMENTUM GOING

Remember: the goal isn't just to start, it's to sustain. Plan for the days when motivation dips. Pack your gym bag the night before, book your next class before you leave the studio, and remind yourself that just showing up is the real win.

As we head into a new year, let's focus on what really matters: progress, consistency, and community. You don't have to do it alone, we're here to help every step of the way.

Come experience the Orangetheory difference: more personalized, less pressure, and always designed to help you live a healthier and more vibrant life. 

To find out more about **Orangetheory Fitness Park Lawn** and to book a complimentary class, call the team at 416-925-0254, follow @otfparklawn on Instagram or drop by the studio for a chat.

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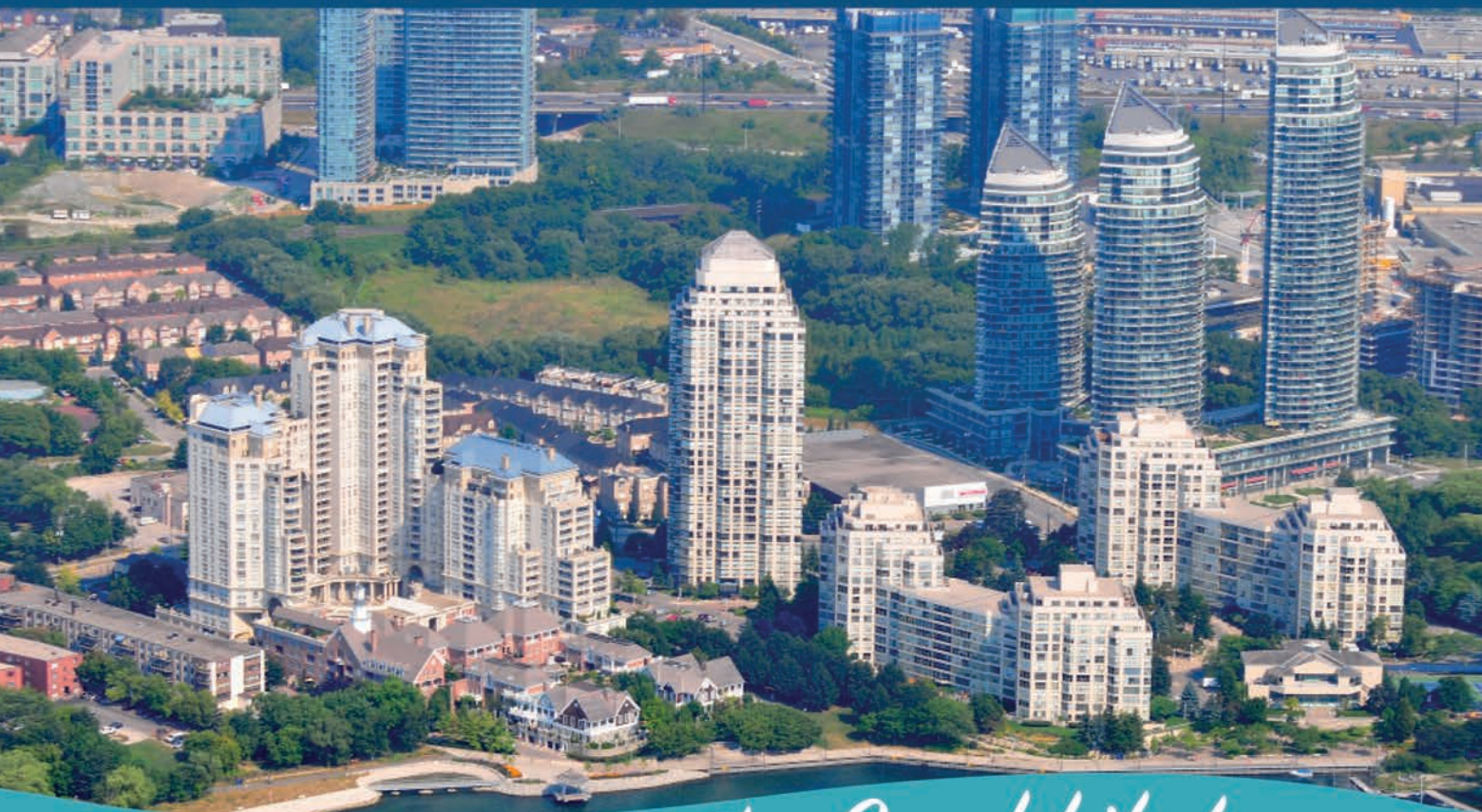
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